January

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
Notes						

March

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
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May

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
Notes						

July

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
Notes						

September

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
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November

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
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February

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
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April

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
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June

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
Notes						

August

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
Notes						

October

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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Totals						
Notes						

December

	Hours Slept	Steps Taken	Glasses	Workout Min.	Clean	$
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